



Ivy League School

Sample Clubs and Extracurricular Programs

Make Clay and Play

Nursery – K

Does your child enjoy mixing ingredients and getting messy? If so, the Make Clay and Play club is the perfect choice! We will learn the art of reading a recipe chart and how to use standard units of measurement to combine ingredients to create totally terrific play dough! Some of the fun creations will be oatmeal play dough, flour fun, and goop!

Each week, your child will leave the club with a sample of the dough, at the end of six weeks a recipe booklet will be sent home to serve as a reminder of all the fun!

Cook with Class

Nursery – 1st grade

Come and join us as we *Cook with Class!* This club offers many great opportunities to cook a variety of recipes, use and identify different appliances, learn about kitchen etiquette, and make some great recipe cards to bring home! We'll talk about our favorite foods and recipes, and make a cookbook. Children will learn about baking, measuring, and create a "dream cake" activity.

Yoga: Rainbow Chakra

Pre-K & K

Yoga is a system of physical exercises or postures called asanas, which build strength, flexibility and confidence. Kids yoga classes are as they sound, just for your kids. Taught in a child format, workshops combine a blend of asanas, yoga games, breath work and meditation designed to be fun, inspiring, creative and playful. As students become more advanced in balance and strength, their body awareness increases. Children grow to appreciate the concentration necessary to execute asanas. Students will also express their creativity as they make eye pillows, calming jars and decorate calming rocks.

LEGO™:RKidtects

Pre-K & K

This is a unique project based program, which teaches children principles of design and simple engineering concepts using Legos™. Creativity, problem solving, team work and communication are some of the skills children learn as they experiment and build distinctive creations and just have fun.

Crafty Kids Club

Pre-K & K

Crafty Kids is for young hands that just can't get enough of painting, gluing and coloring. Each week we will make something special using our creativity and imagination.

Soccer Squirts

Pre-K & K

Soccer Squirts is designed for young children beginning their soccer experience. Participants learn the basic skills of soccer and develop motor skills, cognitive abilities, and learn to work as a team. This is a game where everyone is included. This workshop provides fun, fast-paced series of games and activities. Instruction covers trapping, dribbling and shooting concepts.

Board Games and Friendship

K

Come and have some fun while learning math skills, improving visual perception and small motor skills. Playing board games provides Kindergarteners with numerous learning opportunities in a fun, relaxed setting. Game playing will teach your Kindergartener about rules, following directions, taking turns, honesty, winning and losing graciously, and luck. We will be playing educational board games that will enhance learning and thinking skills while having fun at the same time.

Ivy League's Adventures

K & up

Ivy League Adventures offers climbing programs for children ages 4 and up. Our fully certified staff introduces kids of all levels to the exciting and challenging world of climbing through games, circuits, balance and agility exercises in an enjoyable and engaging state of the art environment. In addition to basic motor skills involved with climbing, our programs help children develop confidence, teamwork, communication, and the ability to solve problems. As they grow in ability, strength, and confidence, young climbers will progress from our low ropes course onto our full climbing wall and ropes course, including dueling zip lines. Students 3rd grade & up will also be introduced to archery.

Chess

K-8th grade

Make the right move and enroll your child in Ivy League's chess workshop. Students will learn the strategies which increase confidence and self-esteem, and have been known to improve reading levels, math scores, and overall school grades. Students will be taught how to play and how to improve their chess skills by a distinguished faculty of chess instructors. This workshop offers children friendly competition camaraderie and challenges their minds.

Storybook Pictionary

1st grade – 3rd grade

Join us for a fun read-aloud and drawing game. During each session, children will take on the role of teacher, as we stroll through books to admire images and examine figurative language. Following each story, we will reveal a bit of our artistic side, using the SmartBoard to play Storybook Pictionary.

Cooking Around the World

1st grade & up

Have you ever traveled the world? Have you been to France, Italy, Spain, or even other parts of the US? Do you love food, love to cook, or wish that you could try cuisine from other nations? Come and join us for a culinary adventure across many continents without leaving Ivy League! In your travels you will learn cooking techniques and styles indigenous to those regions. So pack your bags and join Chef Matthews on this delicious trip!

Mini Book Club

1st grade – 3rd grade

The club is designed to get students talking about books that teach a positive lesson. After the book is talked about between the club members the students will create a project that represents the book's theme with the book.

Baseball Bombers

2nd grade & up

Students will get a chance to learn a variety of baseball or softball skills and test them out playing various drills and games designed to improve eye-hand coordination. We will play games such as wiffleball and kickball to learn the rules of the game and develop game-ready instincts.

Soccer Clinic

3rd-5th grade

Soccer is an excellent all around fitness sport that is also gives every child the chance to play. Kids of any body size and type can learn to play well. Few sports offer the same combination of rigorous exercise, fast-paced excitement, social interaction and cooperative teamwork. Muscular strength, endurance, joint flexibility, cardiovascular fitness, coordination, agility, balance, weight control, body image and self-esteem are all boosted. This clinic covers trapping, dribbling, passing, shooting, positional play and scrimmaging. Outdoor cleats and shin guards required. Please bring a water bottle.

Junior Multi-Sport Conditioning

3rd grade & up

Junior Multi-Sport Conditioning is a program designed especially for kids. Our goal is to provide a foundation for lifelong fitness. By making our program simple and fun, your child will learn the basics of body control, safe exercise, and become excited about fitness. Our program is perfect for all children, regardless of their current ability level or athletic experience.

Ultimate Frisbee/European Handball

3rd grade & up

Looking for something different from the run of the mill sports? Don't you want to sacrifice core skills like teamwork, communication and endurance? Participants will experience the perfect blend of fast paced action while learning to throw, catch and defend---all of these skills without sacrificing any of those important components learned in more traditional sports.